



The Storm Trysail Foundation and host
SAIL NEWPORT
would like to invite you to join us:
Sunday, June 2, 2019
8.00 am - 5:00 pm (pick up)
Sail Newport - 2 Ft. Adams Drive, Newport RI. 02840



In partnership with the Storm Trysail Foundation, and inspired by safety programs for ocean racers, the Junior Safety at Sea Seminar is carefully designed for a teen audience. Hosted by sail Newport and supported by the Storm Trysail Club Newport Station. The program stresses fun, hands-on practice, communication, teamwork, and the anticipation of trouble before it happens.

This one-day seminar is focused on the high school sailor and is intended to give them an introduction to the safety issues surrounding the operation of a keel boats in the 30-45-foot range that are suitable for offshore sailing. The morning consists of dock side instruction. The afternoon will be on the water using the skills discussed in the morning.

Instruction will be conducted by Storm Trysail Club members and other highly experienced offshore sailors.

The topics presented will include:

- **MOB:** Prevention and best practices in the recovery of a man overboard.
- **WORKING ON DECK:** Introduction to the hardware used on yachts, how to use winches, line clutches, headfoils, handling halyards, emergency steering applications.
- **DOWN BELOW:** thru hulls, emergency plugs, bilge pumps, stowage of equipment needed on keel boats, sailing offshore-tools, first aid kit, flares. Discussion of domestic protocols. Steering systems and common failures.
- **SAFETY ISSUES:** There will be presentations on life rafts, launching and life in one.
Flares: different types of flares and their use.
Inflatable life jackets: variations and types of jackets
Firefighting: basics of different fires and how to deal with them.

COST IS \$40 before 5:00 PM on 24 May, \$45 after 5 PM May 24, up to 5:00 PM May 31.

On site, on the day, registration is not available.

Fee includes lunch and post sailing Pizza.

Sailors must bring their own PFD * NO OPEN TOE Shoes * The sailing portion may well be conducted in inclement weather including strong winds. Sailors must bring clothing accordingly.



Joe Cooper ~ Event Chair Bushranger147@gmail.com